

# Power of One Project Sheet

Name: \_\_\_\_\_

Unit: \_\_\_\_\_

Date: \_\_\_\_\_

## Identify a Concern:

Unit topics that interest me:

Unit projects based on these topics that interest me:

Ask yourself—

- Which project ideas deal with concerns that are most important to me?
- Which could lead to an in-depth project?
- Which can be finished in the time available?

My top concern is:

## Set a Goal

Here's what I hope to accomplish:

Now that you've identified your top concern and what you hope to accomplish, set a SMART goal to guide your project. Remember, SMART goals are specific, measurable, attainable, realistic, and timely.

My SMART goal:

## Form a Plan

Outline the specifics of your plan:

Who:

What:

When:

Where:

How:

Resources: Attach a separate sheet listing people, publications, and community agencies that can help you with your project.

### Project Checklist

Share this checklist with your adviser and/or evaluation team before starting your project.

- Is the goal realistic for the available time?  
 yes  no
- Is it an in-depth project?  
 yes  no
- Is the project related to the unit topic?  
 yes  no
- Is the member assuming full responsibility for the project?  
 yes  no
- Is the project plan complete and clearly stated?  
 yes  no
- Will the project be the work of one individual?  
 yes  no
- Are the planned activities meaningful and significant to the project?  
 yes  no

Answers to all questions should be “yes” for member to proceed.

Revisions suggested:

Adviser Signature \_\_\_\_\_ Date \_\_\_\_\_

## Act

Here's what I accomplished:

## Follow Up

Here's what I learned:

What were the most successful parts of your project?

What would you change if you repeated the project?

## Follow-up checklist (to be completed by adviser and/or evaluation team)

Did the student—

- Achieve the original goal?  
 yes  no
- Complete all planned activities?  
 yes  no
- Devote in-depth effort to the project?  
 yes  no
- Complete the project alone?  
 yes  no

Answers to all questions must be “yes” for approval of project.

Adviser Signature \_\_\_\_\_ Date \_\_\_\_\_