

Candidate Name: _____

FCCLA. STATE OFFICER CANDIDATE NORTH CAROLINA LEADERSHIP COMPETENCIES INVENTORY (SELF)

Instructions:	Below	are t	wenty-fou	r (24) sta	atemen	ts describ	ing l	eadersh	ip con	npetenci	es that	have	beer
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identified as being both employability skills and important leadership characteristics. Please read each statement carefully, then rate yourself in terms of how frequently you utilize the actions described. This is not a test, so there are no right and wrong answers.

In order to get the most out of this inventory, it's important to be honest about how often you truly utilize each of the actions (not how often you would like to be utilizing it). The rating scale includes five choices. Please circle the number that best applies to each statement.

	1 - Hardly Ever	2 - Occasionally	3 – At Times	4 - Usually	5 – Almost Always
1. I look for creative ideas/solutions to problems.	1	2	3	4	5
2. I participate in group projects or activities by contributing to the task/goal.	1	2	3	4	5
3. I actively participate in classes and groups by asking questions, volunteering answers, and fulfilling responsibilities.	1	2	3	4	5
4. I demonstrate effective time management in both personal (i.e. homework or other assignments) and group (i.e. class, team, club, etc.) settings.	1	2	3	4	5
5. I ask questions, play devil's advocate or find other ways to understand a problem.	1	2	3	4	5
6. I show respect to all participants in a group or team setting.	1	2	3	4	5
7. I adapt easily to different situations and group settings.	1	2	3	4	5
8. I assess information to determine which is relevant.	1	2	3	4	5
9. I assess problems involving the use of available resources, people, and materials.	1	2	3	4	5
10. I help other students understand tasks, find resources, and meet responsibilities.	1	2	3	4	5
11. I am cooperative and noticeably engaged in different settings (classes, groups, etc.).	1	2	3	4	5
12. I summarize and communicate information in a way that helps others understand.	1	2	3	4	5
13. I consider both pros and cons of ideas, approaches, and solutions to problems.	1	2	3	4	5
14. I participate as a team leader or effective member in group projects or activities.	1	2	3	4	5
15. I am ethical in my interactions (actively trying not to harm others, be fair, and tell the truth).	1	2	3	4	5
16. I provide oral responses during conversations, meetings and classes.	1	2	3	4	5
17. I develop plans by creating steps and/or procedures for a task.	1	2	3	4	5
18. I help keep team members on track, suggest alternatives, and propose/discuss options.	1	2	3	4	5
19. I contribute positively to the classes or groups that I am a part of.	1	2	3	4	5

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20. I am noticeably engaged in meetings, classes and group settings through notetaking, questioning, and responding.	1	2	3	4	5
21. I implement plans by utilizing steps and/or procedures to address a task.	1	2	3	4	5
22. I listen to and consider all team members' ideas and respond supportively to ideas given.	1	2	3	4	5
23. I practice active listening by seeking clarification and understanding if necessary.	1	2	3	4	5
24. I interpret both verbal and nonverbal communication efforts of others to better understand their perspective.	1	2	3	4	5

Transferring Your Responses

After you have responded to all of the questions on both pages, please transfer your responses to the correct blank below. Because the numbers are listed *vertically* across the page, it's important to correctly fill in your responses. Be sure that you fill in a response option (1, 2, 3, 4, 5) for each statement. Once you have entered all of the scores, add the numbers by column to determine your total score for each competency area.

1.	2.	3.	4.
5.	6	7.	8
9.	10.	11.	12.
13.	14.	15.	16.
17.	18.	19.	20.
21.	22.	23	24.
CRITICAL THINKING SKILLS	EFFECTIVE INTERPERSONAL RELATIONSHIPS	EFFECTIVE PERSONAL RELATIONSHIPS	WORKPLACE SKILLS

Interpreting Your Scores

The effectiveness of any inventory is to consider the things that we do well and the things that we could improve. The key to this inventory is two-fold:

- 1. To reflect on one's own skills and behavior to consider what you do well and could improve,
- 2. To balance your own reflection with that of your three observers to create a complete picture of the areas that you do well.

In order to best create a picture of your strengths and areas for growth as a leader, use your above scores with the *LEADERSHIP COMPETENCIES REVIEW* worksheet to assist you in raising your image awareness and understanding your areas of leadership strength and what leadership areas you can further develop.